



CAREER ACADEMY
A Senior –Secondary School
Affiliated to C.B.S.E, New Delhi
Bhadson Road Patiala
CURRICULUM 2025-2026
CLASS : I

Name :
Roll no :

- Books – 1. Star shine**
2. Star shine Practice Worksheets
3. प्रत्युष हिंदी पाठ माला
4. ਰਬਾਬ ਸ਼ਬਦ ਗਿਆਨ

Notebooks- 1 Four lines for English, 1 Practical notebook for EVS, 1 Practical notebook for GK, 1 Math notebook with blocks,

2 double line notebooks for Hindi and Punjabi

Month- April

Subject	English (Language & Literature)
Listening & Speaking Skills	Self-Introduction Recitation of Poem-Just me
Reading & Writing Skills	My big red car Cursive pattern, three letter words, a/an , one and many , rhyming words, Picture names, Dictation, (three & four letter words), Picture composition- Car (in fill up form)
Assessment	Poem- Just me (oral) My Big Car (Reading) New words, Missing letters, Unscramble the Words (Writing)
Subject	Mathematics (Numeracy)
Oral Maths	Counting 1-100, Number names 1-20, Table of 2
Writing Skills	Counting 1-100, After, before , between numbers , Put the sign (< , > , =) Number names & Numerals-1-20, Table of 2 & 3.
Assessment	Counting 1-100, After, Before, Between, Put the sign, Table of 2 and 3
Subject	EVS
Listening & Speaking Skills	Students will speak about themselves, their interests and hobbies.
Reading & Writing Skills	About Me (Pg.121) , My Body (Pg. 122) Lines on Myself, Parts of the body, Sense organs,
Assessment	My body (Reading) Lines on Myself, Ch-1 Parts of the body, sense organs.
Subject	HINDI
Listening & Speaking Skills	कविता उच्चारण तथा स्वर गीत (पेज -59)
Reading & Writing Skills	वर्णमाला , दो , तीन अक्षर शब्द (पेज - 22 से 27) वर्णमाला, दो, तीन अक्षर शब्द , वाक्य पूरे करो (बिना मात्रा वाले)
Assessment	वर्णमाला, दो , तीन अक्षर शब्द, वाक्य पूरे करो (बिना मात्रा वाले)
Subject	Punjabi
Listening & Speaking Skills	ਸ਼ਰੀਰ ਦੇ ਅੰਗਾਂ ਦੇ ਨਾਮ(ਮੌਖਿਕ)
Reading & Writing Skills	ਓਤੋ ਹ (ਪੇਜ ਨੰਬਰ-3) , ਓਤੋ ਹ, ਚਿੱਤਰ ਪਹਿਚਾਣੋ, ਸਤਰਾਂ ਸਹੀ ਕਰੋ , ਮਿਲਾਨ ਕਰੋ
Assessment	Oral and written ਓਤੋ ਹ

Life Skills	How to keep our body fit and healthy. Clean your class with the help of teacher. Keep the things in order.
Lunch Menu	Dishes- Veggie Sandwich, Lady Finger, Dal Cheela, Aloo and Chholiya, Mushrooms, Paneer, Soya Nuggets, Wheat Brown Bread Rolls, Aloo and Methi, Broccoli, Palak Kofta, Brinjal, Veg Cutlets with Mint Chutney, Stuffed Parantha, Dosa, Cauliflower, Any Besan Dish. Fruits- Apple, Grapes, Avocados, Guava, Kiwi, Pineapple, Strawberries, Oranges, Raspberry (FRUITS SALAD, CUCUMBER SALAD)

Month- May

Subject	English (Language & Literature)
Listening & Speaking Skills	Recitation of Poem- Mr. Rabbit
Reading & Writing Skills	The lost froggy This, That ,These, Those, Genders, opposites(ch-3), Practice worksheet pg.- 6,7 , Missing letters ,Picture composition Fish (fill ups) ,Unscramble words, picture based fill ups , MCQs.
Assessment	My big red car- New words, Missing letters, Unscramble the words, Rhyming words, One/ many, a/an.
Subject	Mathematics (Numeracy)
Oral Maths	Counting 1-100, Number names 1-20, Table of 2
Writing Skills	Table of 2,3 & Addition and Subtraction Single Digit (horizontal and vertical)
Assessment	Counting 1-100, Number names 1-20, Numerals 1-20, Addition (single digit), Table 2 and 3.
Subject	EVS
Listening & Speaking Skills	Speaking on different family members, their hobbies, interests and occupations. Speak few lines on healthy food habits.
Reading & Writing Skills	My family , Food and water (fill in the blanks, classification, true/false)
Assessment	My body, My family
Subject	Hindi
Listening & Speaking Skills	मेरा परिचय (मौखिक)
Reading & Writing Skills	चार अक्षर शब्द , आ की मात्रा , दो, तीन अक्षर की दोहराई , पेज - 28 से 31 वाक्य बनाओ , शब्द पूरे करो , शब्द शुद्ध करो
Assessment	दो, तीन, चार अक्षर शब्द, आ की मात्रा
Subject	Punjabi
Listening & Speaking Skills	ਕਵਿਤਾ-ਪਾਣੀ
Reading & Writing Skills	ਓ ਤੇ ਙ (ਪੇਜ ਨੰਬਰ-3,4) ਓ ਤੇ ਙ, ਚਿੱਤਰ ਪਹਿਚਾਣੋ,ਅਗਲਾ,ਪਿਛਲਾ,ਵਿਚਕਾਰਲਾ ਅੱਖਰ ਲਿਖੋ
Assessment	Oral and written ਓ ਤੇ ਙ

Life Skills	Be respectful towards your elders (parents, grandparents, relatives, etc.) Understanding the importance of healthy eating, drinking enough water and basic hygiene practices like hand washing, bathing, brushing your teeth.
Lunch Menu	<p>Dishes-Soya beans, Idli, veg, any dal, kulcha puri with vegetable, any pakora / veg roll with mint & coriander chutney, any kofta- bottle gourd/aloo, aloo & peas, paneer & peas, tinda , cauliflower, Brown bread pizza.</p> <p>Fruits- Banana, kiwi,grapes, papaya, litchi, pineapple, mango, plum, jamun (ANY SPROUT CHAT- CHANNA/KIDNEY BEANS/ MOONG)</p>